

## DEPARTMENT OF THE ARMY Department of Military Science Brigham Young University 320 Wells ROTC Building Provo, UT 84602



ATCC-EEU-TBY

10 May 2011

MEMORANDUM FOR To Whom It May Concern

SUBJECT: Letter of Recommendation for Jill Nix

- 1. I enthusiastically recommend Jill Nix as a trainer.
- 2. I have had the distinct opportunity to supervise and work with great officers, leaders and trainers throughout my life and 11-year career as a United States Army officer. Jill Nix is one of the top leaders, trainers and motivators I have had the distinct honor to be associated with. She has a definite passion for excellence in everything she is involved in. Her selfless devotion to the military, academia, family, Nation, and community is a reflection of a determined lady, and an example for all to follow.
- 3. She has many strengths and talents, a few of them are; taking care of others, devotion to the success of others and the organization, academics, sound leadership, and strong determination. Jill is the kind of person that every organization wants representing it or being a part of. Jill performed extremely well as a trainer and nutritionist for the 2010-2011 BYU Army ROTC Ranger Challenge athletes; she never lost sight of the Cougar Battalion mission in building our team and training them for physical and mental success.
- 4. One of her greatest strengths is her devotion to the mission and the people she works with. She is the consummate example for all to follow, and is what the Army sang of "Mission First, People Always," Jill has a wealth of knowledge and experience, which she uses to lead and motivate other leaders in meeting any challenge they encounter. Another strong trait she possesses is her commitment to accomplishing the mission. She is always first to the task and last to leave, showing her devotion and commitment to building the team. Also, no task is beneath her to accomplish, and she leads from the front and inspires others to do the same.
- 5. Another strength is her positive and upbeat attitude, which is motivating and contagious to all she meets and works with. Jill also possesses strong decision making skills. She is looked to by other leaders for her opinion on difficult tasks, and understands how to empower her peers and those with whom she works to accomplish any challenge.
- 6. Jill Nix is truly a leader among leaders and individuals, and is the future for training warrior athletes to the Army standard of physical and mental toughness and nutrition. Therefore, I recommend Jill Nix as a trainer to any organization, and will say that she will meet the challenges she faces with firm resolve and excellence.
- 7. Point of contact is the undersigned at 801-422-7021.

RYAN D. MUNDY

CPT, AV

Assistant Professor of Military Science